



# Social Skills

Session begins on Tuesday, February 26, 2013. Registration closes February 13, 2013.

Today's students come in all shapes, sizes and abilities. Each has gifts that make him or her shine, but may also need extra support and strategies to be completely successful.

Sometimes, the key challenge is a skill many people take for granted: Social Skills. This 12 week program introduces basic social skills and offers additional support and skill-building exercises so that time with peers can become more enjoyable and less anxiety-producing.

While not disorder-driven, this program best supports boys and girls with Autism, Asperger's, ADHD, Anxiety Disorders and brain injury, etc. In order to best take advantage of this program, your child should be able to:

- ♦Tolerate and attend (at least intermittently) for 60 – 75 minutes.
- ♦Verbally engage in a topic-driven discussion and participate in related activities.
- ♦Have a basic understanding of concepts such as stress, conflict, coping skills, bullying, friendships, etc.
- ♦Reflect and share their personal experiences.

Parents are encouraged to meet during session time to discuss strategies and resources together. Enroll your son or daughter with other participants the same age to find new confidence among peers.

All groups will be co-led by experienced facilitators, creating the ability to break into subgroups to meet divergent needs.

Participants who are repeating this session can benefit from the repetition, but will also experience new group activities and/or topics. All group participants are invited to a monthly game night. Come join others from the groups to play board games, cards, craft activities, and/or court games. Games will be available; but participants are also welcome to bring their favorite game.

## FOR MORE INFORMATION VISIT:

[www.harfordcountymd.gov/parks\\_rec/Programs.cfm?Group=Therapeutic](http://www.harfordcountymd.gov/parks_rec/Programs.cfm?Group=Therapeutic)

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To register contact Kathy 410-638-3572 or email [kehall@harfordcountymd.gov](mailto:kehall@harfordcountymd.gov).

Social Skills programming is held at the Chenoweth Activity Center, 1707 Fallston Rd., Fallston, MD 21047.

Harford County Department of Parks and Recreation  
Division of Therapeutic Recreation

David R. Craig, Harford County Executive, ~ Preserving Harford's Past, Promoting Harford's Future ~